

## Understanding Cancer Nutritionally

I created the note below for a Cancer Network in Hawaii. I thought it might help them understand what causes cancer and how we may be able to avoid getting it.

First look at what I've learned, since first sharing these ideas 30 years ago.

Animal life forms on earth do not naturally eat much non-living food. It causes congestion and that may be what leads to many human diseases. Cows (and many other animals) which eat mostly living grass and drink water; have protein rich muscles and calcium rich bones, plus they don't normally get sick in a healthy natural environment. When we feed cows cattle food, they sometimes develop tumors like we sometimes do eating non-living food. Cancerous growths may be islands of congested tissue saturated with oil in our bodies which are about 50% water, where cells can not develop normally. I use research below to explain why this may be true.

### Cancer

In 1979, I read in a book called \*Cancer, The Wayward Cell, written by Dr. Victor Richards on page 7, that researchers have found that cancerous cells will not conduct electricity from cell to cell, like healthy normal cells do. After thinking about that fact, I decided that since all electricians know oil has a high dielectric strength and won't conduct electricity, and since that as far as I know oils are the only thing that humans eat very much of that won't conduct electricity, then misusing oils in the body (which is mostly saturated with water) can cause islands of oil that affect cell development to form in the body. And, that may be what causes cancer, even though some other matter may be present in the cancerous cells and tumors.

I am no expert on oils, but I think it is safe to assume that saturated oils like beef and dairy fats are dangerous to our health because they may partially suffocate tissue by making it hard for our blood circulation systems to supply oxygen to the oil saturated tissue. I have also learned that high temperature cooking may make some vegetable oils more like the saturated fats.

Here is how I think a few common types of cancer might be caused by misusing oils while eating a congestive diet of non-living food like many of us do.

Some Lung Cancer may be caused by an accumulation of oils (saturated being the most dangerous) in the blood circulation of the lungs, plus an accumulation of tars (oils) from smoking in the lungs which work together to saturate the tissue and form tumors as more oil sticks to the saturated tissue over time. Normal cells trying to grow in such an oily environment would probably be unhealthy and have oily skins around

them which might cause them to stick to the tumor. Tumors might also begin to appear in other parts of a semi oil saturated body at this point, too.

Breast Cancer is possibly caused by an oily system congesting the circulation system of the breast, and promoted by a habit of letting the breast be cooler than the rest of the body, or cold frequently. This would accelerate the congestion since most saturated oils like beef fat will harden as they cool down. The same thing that happens to the excess oil after you cook a juicy hamburger and let the skillet cool down on the stove (it hardens, somewhat like wax), could begin to happen in the breast circulation system if they were allowed to be cold during the winter months.

Colon, Uterus and Prostate Cancer may be caused by an accumulation of heavier oils saturating the congested organs, and worsened by partially or completely congested oil glands in the anal area, which could increase cancerous growth throughout the body.

Skin Cancer may be worsened by coating the skin with oils that work together with oils in the skin's circulation system to saturate the tissue, especially if you coat the skin with oil and then bake it in the sun to get a tan. Pimples may be a pre-cancer symptom and eating sugar may promote infection or rotting of the clogged oil gland's biodegradable solids. This infection in the oil gland may determine whether they are simple oil clots or infected pimples (benign or malignant). This may be true of tumors, too.

Eating more fresh natural living foods and less cooked oils, may be the best way to prevent and treat cancer.

\* From "Cancer: the wayward cell: its origins, nature, and treatment" By Victor Richards - University of California Press – Copyright 1972 By The Regents of the University of California – ISBN 0-520-02022-7

"That there is communication between normal cells has been established by inserting a microelectrode into one cell and another microelectrode into an adjacent cell; an electric current passes. An ion flux (movement of electrically charged atoms) is involved in intercellular communication.

If the same procedure is repeated with cancer cells one discovers that there is a high resistance to such a movement; the ion flux necessary for cells to communicate is absent, thus the cancer cells are unable to "speak" to one another, to tell one another to stop proliferating (Lowenstein and Kanno, 1966: Lowenstein et al., 1967)."

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